WHAT IS CLAIMED IS:

1. An optical recording medium comprising:

a substrate including a substrate material having a refractive index and a plurality of nanoparticles of a material having a refractive index greater than that of the substrate material and being included in the substrate material at such a density that the refractive index of the substrate is greater than that of the substrate material without decreasing the transparency of the substrate;

- a recording layer; and
- a protective layer.
- An optical recording medium according to claim 1, wherein the material that forms the nanoparticles is at least one of an oxide, a nitride, a carbide, a sulfide, a selenide, a metallic element, and a non-metallic element.
- 3. An optical recording medium according to claim 1, wherein the material that forms the nanoparticles is at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), an alloy comprising Zn, Se, S, and Te (Tellurium).
- 4. An optical recording medium according to claim 1, wherein the refractive index of the substrate is greater than 1.55.

- 5. An optical recording medium according to claim 1, wherein the substrate material comprises one of plastic, epoxy, polycarbonate, polymethylmethacrylate (PMMA), and glass.
- 6. An optical recording medium according to claim 1, wherein the nanoparticles have a diameter of less than 1,000 nm.
- 7. An optical recording medium according to claim 1, wherein the nanoparticles have a diameter of less than 500 nm.
- 8. An optical recording medium according to claim 1, wherein the nanoparticles have a diameter of less than 100 nm.
- 9. An optical recording medium according to claim 1, wherein the nanoparticles have a diameter of less than 50 nm.
- 10. An optical recording medium according to claim 1, wherein the nanoparticles have a diameter of less than 20 nm.
- 11. An optical recording medium according to claim 1, wherein a wt% of the nanoparticles in the substrate is less than 50 wt%.

- 12. An optical recording medium according to claim 1, wherein laser light incident upon the substrate is focused to a spot size of less than about 1.7 μ m.
- 13. An optical recording medium according to claim 1 further comprising a second substrate including a second substrate material having a refractive index and a second recording layer.
- 14. An optical recording medium according to claim 13 wherein the second substrate further comprises a plurality of nanoparticles of a material having a refractive index greater than that of the second substrate material and being included in the second substrate material at such a density that the refractive index of the second substrate is greater than that of the second substrate material without decreasing the transparency of the second substrate.
- 15. An optical recording medium according to claim 13, wherein the index of refraction of the substrate is different than the refractive index of the second substrate.
 - 16. An optical recording medium comprising:

a substrate including a substrate material having a refractive index and a plurality of nanoparticles of a material having a refractive index greater than that of the substrate material and being included in the substrate material at such a density

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that the refractive index of the substrate is greater than that of the substrate material without decreasing the transparency of the substrate:

a recording layer having encoded information; and a protective layer.

- 17. An optical recording medium according to claim 16 wherein the encoded information is stored as a series of pits.
- 18. An optical recording medium according to claim 17, wherein the material that forms the nanoparticles is at least one of an oxide, a nitride, a carbide, a sulfide, a selenide, a metallic element, and a non-metallic element.
- 19. An optical recording medium according to claim 17, wherein the material that forms the nanoparticles is at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), an alloy comprising Zn, Se, S, and Te (Tellurium).
 - 20. An optical recording medium comprising:

a substrate;

a recording layer; and

a protective layer including a protective material having a scratch resistance and a plurality of nanoparticles of a material having a scratch resistance greater than that of the protective material and being included in the protective material at such a density that the scratch resistance of the protective layer is greater than that of the protective material.

- 21 An optical recording medium according to claim 20, wherein the material that forms the nanoparticles is at least on of an oxide, a nitride, a sulfide, and a selenide.
- 22. An optical recording medium according to claim 20, wherein the material that forms the nanoparticles is at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), silica, CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), and an alloy comprising Zn, Se, S, Te (Tellurium).
- 23. An optical recording medium according to claim 20, wherein a wt% of the nanoparticles in the protective layer is less than 70 wt%.
- 24. An optical recording medium according to claim 20 wherein the recording layer includes encoded information.

- 25. An optical recording medium according to claim 24 wherein the encoded information is stored as a series of pits.
 - 26. An ocular device with a scratch resistant surface comprising: a matrix material having a surface;

nanoparticles dispersed within the matrix material to provide scratch resistance to the surface of the matrix material.

- 27. The ocular device according to claim 26, wherein the material that forms the nanoparticles is at least one of an oxide, a nitride, a sulfide, a carbide, and a selenide.
- 28. The ocular device according to claim 26, wherein the material that forms the nanoparticles is at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), and an alloy comprising Zn, Se, S, and Te (Tellurium).
- 29. The ocular device according to claim 26, wherein the matrix material is at least one of a plastic and a glass.

- 30. The ocular device according to claim 26, wherein the matrix material is at least one of a polycarbonate, a polyclefin, a polyurethane, and CR 39.
 - 31. A method of storing data comprising:

providing an optical storage medium comprising a substrate, a recording layer, and a protective layer; and

using a light source to record information onto the recording layer,

wherein the substrate comprises a substrate material having a refractive index and a plurality of nanoparticles having a refractive index greater than that of the substrate material and being included in the substrate material at such a density that the refractive index of the substrate is greater than that of the substrate material without decreasing the transparency of the substrate.

- 32. A method of claim 31, wherein the information comprises audio data.
- 33. A method of claim 31, wherein the information comprises text data.
- 34. A method of claim 31, wherein the information comprises audio data and video data.
- 35. The method of claim 32, wherein the light source is selected from a laser and a LED.

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36. A coating for an ocular device comprising:

a matrix material; and

nanoparticles dispersed within the matrix material to provide scratch resistance to the surface of the matrix material.

- 37. The coating of claim 36, wherein the matrix material is at least one of a material forming a scratch resistant coating, a UV coating, a mirror coating, and an anti-reflection coating.
- 38. The coating of claim 36, wherein the nanoparticles comprise at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), and an alloy comprising Zn, Se, S, and Te (Tellurium).
 - 39. A method for coating an ocular device comprising: providing a matrix material;

dispersing nanoparticles within the matrix material; and

applying the matrix material with the dispersed nanoparticles therein on a surface of the ocular device.

- 40. A method of claim 39, wherein the nanoparticles comprise at least one of an oxide, a nitride, a sulfide, a carbide, and a selenide.
- 41. A method of claim 39, wherein the nanoparticles comprise at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), and an alloy comprising Zn, Se, S, and Te (Tellurium).
- 42. A method of claim 39, wherein the matrix material and the dispersed nanoparticles form at least one of a scratch resistant coating, a UV coating, a mirror coating, and an anti-reflection coating.
 - 43. An ocular device comprising:
 - a first matrix material; and
 - a coating comprising a second matrix material and a plurality of nanoparticles.
 - 44. An ocular device of claim 43, wherein the first matrix material is at least one of a plastic and a glass.
 - The ocular device of claim 43, wherein the first matrix material is at least one a polycarbonate, a polyclefin, a polyurethane, and CR 39.

- 46. The ocular device of claim 43, wherein the second matrix material forms at least on of a scratch resistant coating, a UV coating, a mirror coating, and an anti-reflection coating
- 47. The ocular device of claim 43, wherein the nanoparticles comprise at least one of an oxide, a nitride, a sulfide, a carbide, and a selenide.
- 48. The ocular device of claim 43, wherein the nanoparticles comprise at least one of titanium dioxide (TiO₂), magnesium oxide (MgO), yttria (YtO), zirconia (ZrO₂), silicon oxide (SiO_x), CeO_x, alumina (Al₂O₃), lead oxide (PbO_x), carbon nanotubes, a composite of yttria and zirconia, gallium nitride (GaN), silicon nitride, aluminum nitride, zinc selenide (ZnSe), zinc sulfide (ZnS), and an alloy comprising Zn, Se, S, and Te (Tellurium).
- 49. The ocular device of claim 43, wherein the nanoparticles are coated to prevent agglomeration.